OUR REAL JUICY MENU

TROPICAL

MANGO MAGIC
Mango, banana, mango nectar, vanilla yoghurt & ice
orig **1760 kJ** med **1360 kJ** sml **1070 kJ**

MANGO TANGO CRUSH Ⓥ
Mango, passionfruit, mango nectar, tropical juice, sorbet & ice
orig **1360 kJ** med **1090 kJ** sml **784 kJ**

PASSION MANGO
Mango, passionfruit, tropical juice, sorbet, mango yoghurt & ice
orig **1820 kJ** med **1360 kJ** sml **1010 kJ**

BANANA BUZZ
Banana, honey, low fat milk, vanilla yoghurt & ice
orig **1750 kJ** med **1410 kJ** sml **1090 kJ**

BERRY

STRAWBERRY SQUEEZE
Strawberries, banana, apple juice, strawberry yoghurt & ice
orig **1650 kJ** med **1290 kJ** sml **950 kJ**

ALL BERRY BANG
Strawberries, raspberries, blueberries, apple juice, strawberry yoghurt & ice
orig **1540 kJ** med **1180 kJ** sml **920 kJ**

BERRY CRUSH Ⓥ
Raspberries, strawberries, blueberries, apple juice, sorbet & ice
orig **1170 kJ** med **923 kJ** sml **737 kJ**

PINK LEMONADE Ⓥ
Freshly juiced lemon, strawberries, raspberries, freshly juiced apple, sorbet & ice
orig **1110 kJ** med **815 kJ** sml **699 kJ**

CHOC

KING WILLIAM CHOCOLATE
Chocolate powder, banana, low fat milk, vanilla yoghurt & ice
orig **1830 kJ** med **1390 kJ** sml **1080 kJ**

COOKIES & CREME
Chocolate biscuits, banana, low fat milk, vanilla yoghurt, sorbet & ice
orig **2154 kJ** med **1620 kJ** sml **1150 kJ**

MAKE IT YOURS

Extra Fruit & Veg Ⓥ
Coconut Water Ⓥ
Soy Milk Ⓥ
Oat Milk Ⓥ
Almond Milk Ⓥ
Cold Brew Coffee Shot^** Ⓥ

BOOSTERS

Magnesium† Ⓥ NEW
Probiotics Ⓥ NEW
Vitamin C Ⓥ NEW
Whey Protein†
Plant Based Protein† Ⓥ
Collagen† (+ vit C)
Creatine† (+ Electrolytes) Ⓥ
Fibre† Ⓥ
Chia Seeds Ⓥ
Matcha^ Ⓥ

The average adult daily energy intake is 8700 kJ

Ⓥ Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products. ** Not available with Fresh Juices. † Boosters with this symbol are not recommended for young children under 15 years, pregnant or lactating women, should only be consumed under medical or dietetic supervision. Creatine, Collagen, Fibre & Magnesium are formulated supplementary sports foods, are not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and appropriate physical training or exercise program, consume no more than one a day.

PROTEIN

GYM JUNKIE†
Strawberries, banana, low fat milk, strawberry yoghurt, vanilla yoghurt, whey protein† & ice (**20.7 g of protein***)
orig **1650 kJ** med **1180 kJ**

WONDERMELON†
Strawberries, freshly juiced watermelon, strawberry yoghurt, whey protein†, superfruit booster & ice (**13.3 g of protein***)
orig **808 kJ** med **663 kJ**

PROTEIN SUPREME†
Banana, muesli, dates, honey, coconut water, coconut milk, whey protein†, chia seeds, cinnamon & ice (**29.3 g of protein***)
orig **2040 kJ** med **1400 kJ**

CHOC MUSCLE HUSTLE†
Chocolate powder, banana, muesli, chia seeds, coconut water, coconut milk, vanilla yoghurt, whey protein† & ice (**21.4 g of protein***)
orig **1940 kJ** med **1540 kJ**

COFFEE BOOSTED NEW

PEANUT BUTTER PROTEIN^†
Banana, peanut butter, cold brew coffee^, whey protein†, dates, low fat milk, vanilla yoghurt, sorbet & ice (**28.4 g of protein***)
2070 kJ

GLOW LATTE^†
Banana, cold brew coffee^, collagen† + vitamin C, cinnamon, almond milk, vanilla yoghurt, honey, coconut yoghurt & ice (**6.7 g of collagen***)
1250 kJ

BLENDS WITH BENEFITS NEW

STRAWBERRY GLOW†
Strawberries, pink dragon fruit, collagen† + vitamin C, strawberry puree, almond milk, superfruit booster, strawberry yoghurt, coconut water, frozen coconut cream, coconut yoghurt & ice (**6.7 g of collagen***)
1250 kJ

MANGO REFRESH† Ⓥ
Mango, peach, creatine† + electrolytes, freshly juiced orange, coconut water, frozen coconut cream, passionfruit, coconut yoghurt & ice (**3 g of creatine***)
1470 kJ

FRESH JUICES

CREATE YOUR OWN Ⓥ (Choose up to 5)

Choose your base

Apple
Carrot
Orange
Watermelon

Then add your ingredients

Banana
Beetroot
Blueberry
Celery
Cucumber
Ginger
Lemon
Mango
Mint
Passionfruit
Pineapple
Pink Dragon Fruit
Raspberry
Spinach
Strawberry

IMMUNITY Ⓥ
Watermelon, orange, strawberries, vitamin C & ice
orig **623 kJ** med **480 kJ** sml **365 kJ**

MELON MOMENT Ⓥ
Watermelon, pink dragon fruit, strawberries, apple & ice
orig **854 kJ** med **601 kJ** sml **462 kJ**

The average adult daily energy intake is 8700 kJ

^ Contains Caffeine. * For original size. 'Create Your Own Fresh Juice' can include up to 5 ingredients, including base(s). Additional ingredients will incur an extra charge. Splitting a drink between additional cups will incur a 30c charge. **Allergens:** Boost is not a nut-free or allergen-free environment. Drinks are made using shared equipment. While we take care to minimise cross contact, we cannot guarantee it won't occur. **For full ingredients, nutritional information and allergens refer to boostjuice.com.au.**

ALLERGENS

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V = Vegan
Y = Allergen is present
N = Allergen is not present

		Vegan	Milk	Egg	Cereals containing gluten - Wheat	Cereals containing gluten - Oats	Cereals containing gluten - Barley	Cereals containing gluten - Rye	Lupin	Sesame	Peanut	Soy	Fish	Mollusc	Crustacean	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Pine Nut	Sulphites	Caffine	Vegetarian
TROPICAL	Banana Buzz	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Blue Honolulu	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Green Tea Mango Mantra^	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
	Lychee Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Mango & Co	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Mango Magic	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Mango Tango Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Palm Peach Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Passion Mango	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Tropical Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Watermelon Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	All Berry Bang	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Berry Crush	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Berry Peachy	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Pink Lemonade	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Pink Paradise	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Strawberry Squeeze	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CHOC	Bananas For Choc	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Cookies & Crème	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	King William Chocolate	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Raspberry Ripe	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Banana Mocha^	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BREKKIE	Brekkie to Go-Go	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
	Strawbrekkie†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
PROTEIN	Choc Muscle Hustle†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
	Energy Lift	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Gym Junkie†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Power Plant Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Protein Supreme†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
	Wondermelon†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICE	Energiser	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Ginger Zing	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Immunity	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Mint Condition	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Melon Moment	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Two & Five	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BWB	Strawberry Glow†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
	Mango Refresh†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
COFFEE	Peanut Butter Protein†^	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
	Glow Latte†^	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N
BOOSTERS	Chia Seeds	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Collagen† (+vit C)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	Creatine† (+Electrolytes)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Fibre†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Magnesium†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Matcha^	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
	Plant Based Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Probiotics	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Vitamin C	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Whey Protein†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Almond Milk	V	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
	Coconut Water	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Cold Brew Coffee^**	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
	Oat Milk	V	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
	Soy Milk	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

ORIGINAL 610 ML

		ORIGINAL 610ML								PER 100ML							
		Energy		Protein	Fat		Carbohydrate		Sodium	Energy		Protein	Fat		Carbohydrate		Sodium
		Kilojoules	Calories		Total	- saturated	Total	- sugars		Kilojoules	Calories		Total	- saturated	Total	- sugars	
TROPICAL	Banana Buzz	1750 kJ	419 Cal	16.4 g	5.1 g	3.2 g	75.1g	64.3 g	239 mg	288 kJ	69 Cal	2.7 g	0.8 g	0.5 g	12.3 g	10.5 g	39 mg
	Blue Honolulu	1560 kJ	374 Cal	7.3 g	4.1 g	2.7 g	75.9 g	64 g	123 mg	256 kJ	61 Cal	1.2 g	0.7 g	0.4 g	12.4 g	10.5 g	20 mg
	Green Tea Mango Mantra^	1790 kJ	428 Cal	4.4 g	2.6 g	1.8 g	96.1 g	85.8 g	77 mg	293 kJ	70 Cal	0.7 g	0.4 g	0.3 g	15.7 g	14.1 g	13 mg
	Lychee Crush	1300 kJ	311 Cal	1.5 g	0.2 g	0.2 g	75.1 g	68.8 g	16 mg	213 kJ	51 Cal	0.2 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.3 g	11.3g	3 mg
	Mango & Co	2220 kJ	531 Cal	3.3 g	17.3 g	15.7 g	88.7 g	71.9 g	93 mg	364 kJ	87 Cal	0.5 g	2.8 g	2.6 g	14.5 g	11.8 g	15 mg
	Mango Magic	1760 kJ	420 Cal	7.7 g	4.8 g	3.1 g	86.0 g	75.7 g	139 mg	288 kJ	69 Cal	1.3 g	0.8 g	0.5 g	14.1 g	12.4 g	23 mg
	Mango Tango Crush	1360 kJ	324 Cal	2.2 g	0.4 g	0.3 g	76.2 g	67.4 g	18 mg	224 kJ	54 Cal	0.4 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.6 g	11.1 g	3 mg
	Palm Peach Crush	1460 kJ	350 Cal	2.2 g	0.3 g	0.3 g	83.8 g	68.5 g	16 mg	240 kJ	57 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	13.7 g	11.2 g	3 mg
	Passion Mango	1820 kJ	435 Cal	5.8 g	2.9 g	1.9 g	95.7 g	82.6 g	86 mg	300kJ	72 Cal	1 g	0.5 g	0.3 g	15.8 g	13.6 g	14 mg
	Tropical Crush	1350 kJ	322 Cal	2.2 g	0.4 g	0.3 g	77.9 g	65.9 g	14 mg	221 kJ	53 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	12.8 g	10.8 g	2 mg
	Watermelon Crush	927 kJ	221 Cal	1.3 g	0.6 g	0.2 g	52.5 g	47 g	10 mg	152 kJ	36 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	8.6 g	7.7 g	2 mg
BERRY	All Berry Bang	1540 kJ	368 Cal	7.1 g	4.7 g	3.1 g	71.4 g	65.4 g	149 mg	252 kJ	60 Cal	1.2 g	0.8 g	0.5 g	11.7 g	10.7 g	24 mg
	Berry Crush	1170 kJ	280 Cal	1.0 g	0.4 g	0.2 g	64.5 g	60 g	24 mg	192 kJ	46 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	10.6 g	9.8 g	4 mg
	Berry Peachy	1370 kJ	328 Cal	2.1 g	0.3 g	0.2 g	76.5 g	65.1 g	17 mg	225 kJ	54 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	12.5 g	10.7 g	3 mg
	Pink Lemonade	1110 kJ	265 Cal	1.3 g	0.4 g	0.2 g	61.8 g	57.2g	23 mg	182 kJ	43 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	10.1 g	9.4 g	4 mg
	Pink Paradise	1640 kJ	391 Cal	7.3 g	4.5 g	2.9 g	80.2 g	71.3 g	130 mg	268 kJ	64 Cal	1.2 g	0.7 g	0.5 g	13.2 g	11.7 g	21 mg
	Strawberry Squeeze	1650 kJ	395 Cal	7.4 g	4.8 g	3.1 g	77.5 g	70.1 g	150 mg	271kJ	65 Cal	1.2 g	0.8 g	0.5 g	12.7 g	11.5 g	25 mg
CHOC	Bananas For Choc	2390 kJ	572 Cal	11.1 g	23.4 g	17.1 g	76.4 g	57.1 g	319 mg	392 kJ	94 Cal	1.8 g	3.8 g	2.8 g	12.5 g	9.4 g	52 mg
	Cookies & Crème	2154 kJ	515 Cal	15.1 g	8.9 g	4.9 g	91.5 g	73.3 g	340 mg	353 kJ	84 Cal	2.5 g	1.5 g	0.8 g	15.0 g	12.0 g	56 mg
	King William Chocolate	1830 kJ	437 Cal	18.3 g	6.4 g	4.1 g	74.4 g	66.2 g	334 mg	300 kJ	72 Cal	3.0 g	1.0 g	0.7 g	12.2 g	10.8 g	55 mg
	Raspberry Ripe	2070 kJ	494 Cal	14.6 g	7.2 g	4.7 g	89.0 g	80.2 g	293 mg	339 kJ	81 Cal	2.4 g	1.2 g	0.8 g	14.6 g	13.1 g	48 mg
	Banana Mocha^	1650 kJ	394 Cal	10.1 g	3.8 g	2.4 g	77.6 g	65.4 g	177 mg	309kJ	74 Cal	1.9 g	0.7g	0.4 g	14.5 g	12.3 g	33 mg
BREKKIE	Brekkie to Go-Go	2430 kJ	580 Cal	22.6 g	10.3 g	4.0 g	94.8 g	70.6 g	265 mg	398 kJ	95 Cal	3.7 g	1.7 g	0.7 g	15.5 g	11.6 g	44 mg
	Strawbrekkie†	1900 kJ	455 Cal	21.7 g	6.8 g	2.9 g	72.5 g	54.8 g	175 mg	310 kJ	74 Cal	3.5 g	1.1 g	0.5 g	11.8 g	8.9 g	28 mg
PROTEIN	Choc Muscle Hustle†	1940 kJ	463 Cal	21.4 g	8.4 g	4.0 g	71.8 g	55.6 g	299mg	317 kJ	76 Cal	3.5 g	1.4 g	0.6g	11.8 g	9.1 g	49 mg
	Energy Lift	1730 kJ	413 Cal	8.3 g	4.8 g	3.1 g	84.6 g	71.6 g	140 mg	284 kJ	68 Cal	1.4 g	0.8 g	0.5 g	13.9 g	11.7 g	23 mg
	Gym Junkie†	1650 kJ	394 Cal	20.7 g	5.0 g	3.1 g	64.5 g	54.0 g	249 mg	270 kJ	65 Cal	3.4 g	0.8 g	0.5 g	10.6 g	8.9 g	41 mg
	Power Plant Protein†	1170 kJ	279 Cal	10.9 g	2.0 g	0.7 g	49.5 g	38.1 g	184 mg	191 kJ	46 Cal	1.8 g	0.3 g	0.1 g	8.1 g	6.2 g	30 mg
	Protein Supreme†	2040 kJ	489 Cal	29.3 g	9.6 g	2.4 g	66.0 g	40.2 g	190 mg	335 kJ	80 Cal	4.8 g	1.6 g	0.4 g	10.8 g	6.6 g	31 mg
	Wondermelon†	808 kJ	193 Cal	13.3 g	2.2 g	1.0 g	27.0 g	24.5 g	96 mg	133 kJ	32 Cal	2.2 g	0.4 g	0.2 g	4.4 g	4.0 g	16 mg
FRESH JUICE	Energiser	995 kJ	238 Cal	3.8 g	0.8 g	LESS THAN 0.1 g	51.0 g	45.9 g	31 mg	157 kJ	38 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	8.0 g	7.2 g	5 mg
	Ginger Zing	707 kJ	169 Cal	3.7 g	0.6 g	LESS THAN 0.1 g	35.5 g	34.8 g	178 mg	116 kJ	28 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	5.8 g	5.7 g	29 mg
	Immunity	623 kJ	148 Cal	2.3 g	0.9 g	LESS THAN 0.1 g	31.1 g	30.9 g	20 mg	102 kJ	24 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	5.1 g	5.1 g	3 mg
	Mint Condition	610 kJ	146 Cal	2.0 g	0.3 g	LESS THAN 0.1 g	32.5 g	32.4 g	177 mg	100 kJ	24 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.3 g	5.3 g	29 mg
	Melon Moment	854 kJ	204 Cal	1.8 g	0.8 g	LESS THAN 0.1 g	45.8 g	45.1 g	29 mg	140 kJ	33 Cal	0.3 g	N	LESS THAN 0.1 g	7.5 g	7.4 g	5 mg
	Two & Five	707 kJ	169 Cal	3.1 g	0.4 g	LESS THAN 0.1 g	36.1 g	35.7 g	139 mg	116 kJ	28 Cal	0.5 g	N	LESS THAN 0.1 g	5.9 g	5.9 g	23 mg
BWB (ONE SIZE)	Strawberry Glow†	1250 kJ	299 Cal	10.6 g	10.1 g	8.7 g	39.8 g	31.7 g	113 mg	257 kJ	61 Cal	2.2 g	2.1 g	1.8 g	8.2 g	6.5 g	23 mg
	Mango Refresh†	1470 kJ	351 Cal	3.2 g	11.3 g	10.1 g	55.2 g	41.5 g	131mg	289 kJ	69 Cal	0.6g	2.2 g	2.0 g	10.9 g	8.2 g	26 mg
COFFEE	Peanut Butter Protein†^	2070 kJ	494 Cal	28.4 g	16.2 g	4.4 g	55.9 g	45.5 g	321 mg	413 kJ	99 Cal	5.7g	3.2 g	0.9 g	11.2 g	9.1 g	64 mg
	Glow Latte†^	1250 kJ	299 Cal	12.3 g	4.0 g	2.8 g	51.8 g	41.5 g	93 mg	250 kJ	60 Cal	2.5 g	0.8 g	0.6 g	10.4 g	8.3 g	19 mg

MEDIUM 450 ML

		MEDIUM 450ML								PER 100ML							
		Energy		Protein	Fat		Carbohydrate		Sodium	Energy		Protein	Fat		Carbohydrate		Sodium
		Kilojoules	Calories		Total	- saturated	Total	- sugars		Kilojoules	Calories		Total	- saturated	Total	- sugars	
TROPICAL	Banana Buzz	1410 kJ	337 Cal	13.1 g	4.1 g	2.6 g	60.5 g	52.4 g	192 mg	314 kJ	75 Cal	2.9 g	0.9 g	0.6 g	13.5 g	11.6 g	43 mg
	Blue Honolulu	1340 kJ	320 Cal	6.2 g	3.5 g	2.3 g	65.3 g	55 g	104 mg	298 kJ	71 Cal	1.4 g	0.8 g	0.5 g	14.5 g	12.2 g	23 mg
	Green Tea Mango Mantra^	1390 kJ	332 Cal	3.8 g	2.3 g	1.6 g	73.5 g	65.4 g	68 mg	309 kJ	74 Cal	0.9 g	0.5 g	0.4 g	16.4 g	14.5 g	15 mg
	Lychee Crush	975 kJ	233 Cal	1.1 g	0.2 g	0.2 g	56.5 g	51.3 g	12 mg	217 kJ	52 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.5 g	11.4 g	3 mg
	Mango & Co	1880 kJ	450 Cal	2.8 g	14.4 g	13.0 g	75.8 g	61.3 g	77 mg	418 kJ	100 Cal	0.6 g	3.2 g	2.9 g	16.8 g	13.6 g	17 mg
	Mango Magic	1360 kJ	325 Cal	6.1 g	3.8 g	2.5 g	66.1 g	57.8 g	110 mg	302 kJ	72 Cal	1.4 g	0.8 g	0.6 g	14.7 g	12.8 g	24 mg
	Mango Tango Crush	1090 kJ	261 Cal	1.7 g	0.3 g	0.2 g	61.7 g	54.5 g	14 mg	244 kJ	58 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	13.8 g	12.2 g	3 mg
	Palm Peach Crush	1180 kJ	283 Cal	1.8 g	0.3 g	0.2 g	67.8 g	56 g	13 mg	263 kJ	63 Cal	0.4 g	0.1 g	0.1 g	15.1 g	12.4 g	3 mg
	Passion Mango	1360 kJ	324 Cal	4.5 g	2.3 g	1.6 g	70.3 g	60.7 g	70 mg	303 kJ	72 Cal	1.0 g	0.5 g	0.4 g	15.7 g	13.6 g	16 mg
	Tropical Crush	1080 kJ	258Cal	1.8 g	0.3 g	0.2 g	62.4g	52.8 g	12 mg	240 kJ	57 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	13.9 g	11.7 g	3 mg
	Watermelon Crush	744 kJ	178 Cal	1.1 g	0.5 g	0.2 g	42.2 g	37.8 g	8 mg	165 kJ	40 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	9.4 g	8.4 g	2 mg
BERRY	All Berry Bang	1180 kJ	281 Cal	5.6 g	3.7 g	2.5 g	54.3 g	49.5 g	116 mg	262 kJ	63 Cal	1.2 g	0.8 g	0.6 g	12.1 g	11.0 g	26 mg
	Berry Crush	923 kJ	221 Cal	1.2 g	0.3 g	0.2 g	51.3 g	47.8 g	20 mg	205 kJ	49 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	11.4 g	10.6 g	4 mg
	Berry Peachy	1090 kJ	262 Cal	1.6 g	0.2 g	0.2 g	61.7 g	53.5 g	14 mg	243 kJ	58 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	13.7 g	11.9g	4 mg
	Pink Lemonade	815 kJ	195 Cal	0.9 g	0.3 g	0.2 g	45.5 g	42.1 g	17 mg	181 kJ	43 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	10.1 g	9.4 g	4 mg
	Pink Paradise	1390 kJ	332Cal	5.9 g	3.7 g	2.4 g	68.6 g	61.1 g	106 mg	309kJ	74 Cal	1.3 g	0.8 g	0.5 g	15.3 g	13.6 g	24 mg
	Strawberry Squeeze	1290 kJ	309Cal	5.9 g	3.8 g	2.5 g	60.3 g	54.2 g	118 mg	287 kJ	69 Cal	1.3 g	0.8 g	0.5 g	13.4 g	12.0 g	26 mg
CHOC	Bananas For Choc	1880 kJ	450 Cal	8.4 g	18.6 g	13.9 g	59.8 g	44.4 g	239 mg	418 kJ	100 Cal	1.9 g	4.1 g	3.1 g	13.3 g	9.9 g	53 mg
	Cookies & Crème	1620 kJ	387 Cal	11.4 g	6.4 g	3.6 g	69.4 g	56.0 g	245 mg	360 kJ	86 Cal	2.5 g	1.4 g	0.8 g	15.4 g	12.4 g	55 mg
	King William Chocolate	1390 kJ	333 Cal	13.6 g	4.9 g	3.1 g	56.9 g	50.2 g	245 mg	309 kJ	74 Cal	3.0 g	1.1 g	0.7 g	12.6 g	11.2 g	55 mg
	Raspberry Ripe	1620 kJ	387 Cal	12.1 g	5.4 g	3.6 g	69.7 g	62.8 g	236 mg	360 kJ	86 Cal	2.7 g	1.2 g	0.8 g	15.5 g	14.0 g	52 mg
	Banana Mocha^	1360 kJ	324 Cal	8.7 g	3.1 g	2.0 g	63.4 g	53.4 g	149 mg	311kJ	74 Cal	2.0 g	0.7 g	0.4 g	14.5 g	12.2 g	34 mg
BREKKIE	Brekkie to Go-Go	1750 kJ	419 Cal	16.5 g	7.5 g	2.8 g	68.1 g	50.1 g	189 mg	389 kJ	93 Cal	3.7 g	1.7 g	0.6 g	15.1 g	11.1 g	42 mg
	Strawbrekkie†	1340 kJ	320 Cal	16.2 g	4.6 g	2.0 g	50.5 g	38.6 g	127 mg	300 kJ	72 Cal	3.6 g	1.0 g	0.4 g	11.3 g	8.6 g	28 mg
PROTEIN	Choc Muscle Hustle†	1540 kJ	369 Cal	17.1g	6.8 g	3.1 g	56.9 g	43.5 g	227 mg	343kJ	82 Cal	3.8 g	1.5 g	0.7 g	12.6 g	9.7 g	50 mg
	Energy Lift	1340 kJ	320 Cal	6.5 g	3.8 g	2.5 g	65.1 g	54.9 g	110 mg	298 kJ	71 Cal	1.5 g	0.8 g	0.6 g	14.5 g	12.2 g	25 mg
	Gym Junkie†	1180 kJ	282 Cal	14.0 g	3.7 g	2.3 g	46.8 g	39.4 g	179 mg	262 kJ	63 Cal	3.1 g	0.8 g	0.5 g	10.4 g	8.7 g	40 mg
	Power Plant Protein†	932 kJ	223 Cal	7.6 g	1.6 g	0.6 g	40.6 g	31.7 g	138 mg	207 kJ	49 Cal	1.7 g	0.3 g	0.1 g	9.0 g	7.1 g	31 mg
	Protein Supreme†	1400 kJ	334 Cal	20.4 g	6.3 g	1.7 g	45.5 g	30.6 g	138 mg	310 kJ	74 Cal	4.5 g	1.4 g	0.4 g	10.1 g	6.8 g	31 mg
	Wondermelon†	663 kJ	159 Cal	10.4 g	1.9 g	0.9 g	22.8 g	20.8 g	78 mg	144 kJ	34 Cal	2.3 g	0.4 g	0.2 g	5.0 g	4.5 g	17 mg
FRESH JUICE	Energiser	665 kJ	159 Cal	2.5 g	0.5 g	LESS THAN 0.1 g	34.1 g	31.4 g	23 mg	148 kJ	35 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	7.6 g	7.0 g	5 mg
	Ginger Zing	549 kJ	131 Cal	2.8 g	0.5 g	LESS THAN 0.1 g	27.7 g	27.1 g	129 mg	122 kJ	29 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	6.1 g	6.0 g	29 mg
	Immunity	480 kJ	114 Cal	1.8 g	0.7 g	LESS THAN 0.1 g	23.9 g	23.8 g	15 mg	106 kJ	25 Cal	0.4 g	0.2 g	LESS THAN 0.1 g	5.3 g	5.3 g	3 mg
	Mint Condition	447 kJ	107 Cal	1.4 g	0.2 g	LESS THAN 0.1 g	23.9 g	23.9 g	129 mg	99 kJ	24 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.3 g	5.3 g	29 mg
	Melon Moment	601 kJ	144 Cal	1.3 g	0.5 g	LESS THAN 0.1 g	32.1 g	31.5 g	21 mg	134 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	7.0 g	5 mg
	Two & Five	532 kJ	127 Cal	2.3 g	0.3 g	LESS THAN 0.1 g	27.3 g	27.0 g	104mg	118 kJ	28 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	6.1 g	6.0 g	23 mg

SMALL 350 ML

		SMALL 350ML								PER 100ML							
		Energy			Fat		Carbohydrate			Energy			Fat		Carbohydrate		
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Sodium
TROPICAL	Banana Buzz	1090 kJ	259 Cal	10.0 g	3.0 g	1.9 g	47 g	41 g	145 mg	306kJ	73 Cal	2.8 g	0.8 g	0.5 g	13.2 g	11.6 g	42 mg
	Blue Honolulu	1030 kJ	247 Cal	4.7 g	2.6 g	1.7 g	50.5 g	42.4 g	78 mg	295 kJ	71 Cal	1.4 g	0.7 g	0.5 g	14.4 g	12.1 g	22 mg
	Green Tea Mango Mantra^	1140 kJ	273 Cal	3.4 g	2.1 g	1.4 g	59.8 g	53.2 g	60 mg	327 kJ	78 Cal	1.0 g	0.6 g	0.4 g	17.1 g	15.2 g	17 mg
	Lychee Crush	736 kJ	176 Cal	0.9 g	0.1 g	0.1 g	42.8 g	38.9 g	10 mg	210 kJ	50 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.2 g	11.1 g	3 mg
	Mango & Co	1380 kJ	330 Cal	2.2 g	9.3 g	8.3 g	58.1 g	47.2 g	52 mg	394 kJ	94 Cal	0.6 g	2.7 g	2.4 g	16.6 g	13.5 g	15 mg
	Mango Magic	1070 kJ	256 Cal	4.6 g	2.8 g	1.9 g	52.4 g	45.9 g	82 mg	305 kJ	73 Cal	1.3 g	0.8 g	0.5 g	15.0 g	13.1 g	24 mg
	Mango Tango Crush	784 kJ	187 Cal	1.1 g	0.2 g	0.2 g	44.8 g	39.8g	10 mg	225 kJ	54 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	12.9 g	11.4 g	3 mg
	Palm Peach Crush	1000 kJ	240 Cal	1.5 g	0.2 g	0.2 g	57.7 g	48.1 g	11 mg	287 kJ	69 Cal	0.4 g	0.1 g	0.1 g	16.5 g	13.8 g	3 mg
	Passion Mango	1010 kJ	242 Cal	3.5 g	1.9 g	1.3 g	52.3 g	45.1 g	55 mg	291 kJ	70 Cal	1.0 g	0.5 g	0.4 g	15 g	13 g	16 mg
	Tropical Crush	856 kJ	205 Cal	1.4 g	0.3 g	0.2 g	49.3 g	41.6 g	8 mg	227 kJ	54 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	13.1 g	11.0 g	2 mg
	Watermelon Crush	597 kJ	143 Cal	0.8 g	0.3 g	0.1 g	34 g	30.3 g	6 mg	171 kJ	41 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	9.7 g	8.7 g	2 mg
BERRY	All Berry Bang	920 kJ	220 Cal	4.2 g	2.8 g	1.8 g	42.7 g	39.2 g	88 mg	263 kJ	63 Cal	1.2 g	0.8 g	0.5 g	12.2 g	11.2 g	25 mg
	Berry Crush	737 kJ	176 Cal	0.6 g	0.2 g	0.2 g	40.7 g	37.7 g	14 mg	211 kJ	50 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	11.6 g	10.8 g	4 mg
	Berry Peachy	962 kJ	230 Cal	1.4 g	0.2 g	0.2 g	54.2 g	47.1 g	12 mg	275 kJ	66 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	15.5 g	13.4 g	4 mg
	Pink Lemonade	699 kJ	167 Cal	0.8 g	0.3 g	0.1 g	38.9 g	35.9 g	14 mg	200 kJ	48 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	11.1 g	10.3 g	4 mg
	Pink Paradise	1040 kJ	248Cal	4.2 g	2.5 g	1.6 g	52.3 g	47.0 g	74 mg	297 kJ	71 Cal	1.2 g	0.7 g	0.5 g	14.9 g	13.4 g	21 mg
	Strawberry Squeeze	950 kJ	227 Cal	4.4 g	2.8 g	1.8 g	44.2 g	39.4 g	87 mg	271 kJ	65 Cal	1.3 g	0.8 g	0.5 g	12.6 g	11.2 g	25 mg
CHOC	Bananas For Choc	1420 kJ	340 Cal	6.7 g	14.0 g	10.2 g	45.1 g	33.6 g	190 mg	406 kJ	97 Cal	1.9 g	4.0 g	2.9 g	12.9 g	9.6 g	54 mg
	Cookies & Crème	1150 kJ	276 Cal	9.3 g	3.9 g	2.3 g	49.6 g	40.9 g	171 mg	329 kJ	79 Cal	2.7 g	1.1 g	0.6 g	14.2 g	11.7 g	49 mg
	King William Chocolate	1080 kJ	259 Cal	10.9 g	3.7 g	2.3 g	44.2 g	38.9 g	191 mg	309 kJ	74 Cal	3.1 g	1.0 g	0.7 g	12.6 g	11.1 g	55 mg
	Raspberry Ripe	1140 kJ	272 Cal	8.8 g	3.7 g	2.4 g	49.2 g	44.3 g	169 mg	325 kJ	78 Cal	2.5 g	1.0 g	0.7 g	14.1 g	12.7 g	48 mg
	Banana Mocha^	992 kJ	237 Cal	6.7 g	2.2 g	1.4 g	46.1g	38.7 g	108 mg	300kJ	72Cal	2.0 g	0.7 g	0.4 g	14.0 g	11.7 g	33 mg
BREKKIE	Brekkie to Go-Go	1380 kJ	330 Cal	13.4 g	5.8 g	2.4 g	53.8 g	40.1 g	161mg	395kJ	94 Cal	3.8 g	1.7 g	0.7 g	15.4g	11.5 g	46 mg
	Strawbrekkie†	1020 kJ	243Cal	11.6 g	3.5 g	1.5 g	39.2 g	30.1 g	93 mg	290 kJ	69 Cal	3.3 g	1.0 g	0.4 g	11.1 g	8.6 g	26 mg
PROTEIN	Choc Muscle Hustle†	1240 kJ	296 Cal	13.4 g	5.8 g	2.5 g	45.3 g	34.2g	180 mg	354 kJ	85 Cal	3.8 g	1.6 g	0.7 g	12.9 g	9.8 g	51 mg
	Energy Lift	1080 kJ	257 Cal	5.3 g	3.1 g	2.0 g	52.2 g	43.9 g	88 mg	308 kJ	74 Cal	1.5 g	0.9 g	0.6 g	14.9 g	12.6 g	25 mg
	Gym Junkie†	897 kJ	214 Cal	11.4 g	2.7 g	1.7 g	35.0 g	29.5 g	140 mg	256 kJ	61 Cal	3.3 g	0.8 g	0.5 g	10.0 g	8.4 g	40 mg
	Power Plant Protein†	660 kJ	158 Cal	5.5 g	1.1 g	0.4 g	28.8 g	22.3 g	109 mg	188 kJ	45 Cal	1.6 g	0.3 g	0.1 g	8.2 g	6.4 g	31 mg
	Protein Supreme†	904 kJ	216 Cal	13.7 g	3.8 g	1.1 g	29.7 g	20.4 g	103 mg	258 kJ	62 Cal	3.9 g	1.1 g	0.3 g	8.5 g	5.8 g	29 mg
	Wondermelon†	484 kJ	116 Cal	7.1 g	1.4 g	0.6 g	17.3 g	15.9 g	55 mg	138 kJ	33 Cal	2.0 g	0.4 g	0.2 g	4.9 g	4.6 g	16 mg
FRESH JUICE	Energiser	507 kJ	121 Cal	1.9 g	0.4 g	LESS THAN 0.1 g	26.0 g	24.2 g	19 mg	145 kJ	35 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	7.4 g	6.9 g	5 mg
	Ginger Zing	433 kJ	103 Cal	2.2 g	0.4 g	LESS THAN 0.1 g	21.7 g	21.3 g	106 mg	124 kJ	30 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	6.2 g	6.1 g	30 mg
	Immunity	365 kJ	86 Cal	1.3 g	0.5 g	LESS THAN 0.1 g	18.2 g	18.1 g	12 mg	143 kJ	34 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	7.4 g	6.9 g	5 mg
	Mint Condition	333 kJ	80 Cal	1.0 g	0.1 g	LESS THAN 0.1 g	17.9 g	17.9 g	94 mg	95 kJ	23 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.1 g	5.1 g	27 mg
	Melon Moment	462 kJ	110 Cal	1.0 g	0.4 g	LESS THAN 0.1 g	24.7 g	24.2 g	16 mg	132 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	6.9 g	5 mg
	Two & Five	402 kJ	96 Cal	1.8 g	0.3 g	LESS THAN 0.1 g	20.4 g	20.2 g	81 mg	115 kJ	28 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	5.9 g	5.8 g	23 mg

COLLECTABLE 250 ML

		COLLECTABLE 250ML								PER 100ML							
		Energy			Fat		Carbohydrate			Energy			Fat		Carbohydrate		
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Sodium
TROPICAL	Banana Buzz	770 kJ	184 Cal	7.4 g	2.3 g	1.5 g	32.8 g	28.5 g	109 mg	308 kJ	74 Cal	2.9 g	0.9 g	0.6 g	13.1 g	11.4 g	43 mg
	Blue Honolulu	786 kJ	188 Cal	3.6 g	2.0 g	1.3 g	38.6 g	32.3 g	58 mg	315 kJ	75 Cal	1.4 g	0.8 g	0.5 g	15.4 g	12.9 g	23 mg
	Lychee Crush	478 kJ	114 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	27.9 g	25.3 g	6 mg	271 kJ	65 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	15.8 g	14.4 g	4 mg
	Mango & Co	876 kJ	209 Cal	1.3 g	5.3 g	4.7 g	38.7 g	32.3 g	31 mg	350 kJ	84 Cal	0.5 g	2.1 g	1.9 g	15.5 g	12.9 g	12 mg
	Mango Magic	788 kJ	188 Cal	3.6 g	2.2 g	1.4 g	38.1 g	32.7 g	62 mg	315 kJ	75 Cal	1.4 g	0.9 g	0.6 g	15.2 g	13.1 g	25 mg
	Mango Tango Crush	563 kJ	135 Cal	0.9 g	0.2 g	0.1 g	31.6 g	27.8 g	8 mg	225 kJ	54 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	12.7 g	11.1 g	3 mg
	Palm Peach Crush	786 kJ	188 Cal	1.1 g	0.2 g	0.2 g	45.2 g	38.2 g	8 mg	314 kJ	75 Cal	0.4 g	0.1 g	0.1 g	18.1 g	15.3 g	3 mg
	Passion Mango	769 kJ	184 Cal	2.7 g	1.4 g	1.0 g	39.4 g	33.9 g	41 mg	310 kJ	74 Cal	1.1 g	0.6 g	0.4 g	15.9 g	13.6 g	17 mg
	Tropical Crush	672 kJ	161 Cal	1.1 g	0.2 g	0.1 g	38.6 g	32.4 g	6 mg	269 kJ	64 Cal	0.4 g	0.1 g	0.1 g	15.4 g	13.0 g	2 mg
	Watermelon Crush	359 kJ	86 Cal	0.6 g	0.2 g	0.1 g	20.4 g	18.3 g	4 mg	154 kJ	37 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	8.8 g	7.9 g	2 mg
BERRY	All Berry Bang	710 kJ	170 Cal	3.2 g	2.1 g	1.4 g	32.9 g	30.2 g	68 mg	284 kJ	68 Cal	1.3 g	0.9 g	0.6 g	13.2 g	12.1 g	27 mg
	Berry Crush	494 kJ	118 Cal	0.4 g	0.2 g	LESS THAN 0.1 g	27.2 g	25.4 g	10 mg	198 kJ	47 Cal	0.2 g	0.1 g	LESS THAN 0.1 g	10.9 g	10.2 g	4 mg
	Berry Peachy	683 kJ	163 Cal	0.9 g	0.2 g	0.1 g	38.6 g	33.9 g	9 mg	273 kJ	65 Cal	0.4g	0.1 g	LESS THAN 0.1 g	15.5 g	13.6 g	3 mg
	Pink Lemonade	541 kJ	129 Cal	0.7 g	0.2 g	0.1 g	29.9 g	27.6 g	11 mg	216 kJ	52 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	11.9 g	11.9 g	5 mg
	Pink Paradise	738 kJ	176 Cal	3.0 g	1.8 g	1.2 g	36.9 g	32.9 g	53 mg	295 kJ	71 Cal	1.2 g	0.7 g	0.5 g	14.8 g	13.2g	21 mg
	Strawberry Squeeze	632 kJ	151 Cal	2.8 g	1.8 g	1.1 g	29.7 g	26.1 g	54 mg	262 kJ	63 Cal	1.2 g	0.7 g	0.5 g	12.3 g	10.8 g	22 mg
CHOC	Bananas For Choc	924 kJ	221 Cal	4.9 g	9.0 g	6.4 g	29.0 g	21.4 g	132 mg	370 kJ	88 Cal	1.9 g	3.6 g	2.5 g	11.6 g	8.6 g	53 mg
	Cookies & Crème	928 kJ	222 Cal	6.7 g	3.5 g	1.9 g	40.0 g	32.3 g	135 mg	371 kJ	89 Cal	2.7 g	1.4 g	0.8 g	16.0 g	12.9 g	54 mg
	King William Chocolate	807 kJ	193 Cal	7.7 g	2.7 g	1.7 g	33.3 g	28.9 g	135 mg	323 kJ	77 Cal	3.1 g	1.1 g	0.7 g	13.3 g	11.6 g	54 mg
	Raspberry Ripe	913 kJ	218 Cal	6.6 g	2.8 g	1.8 g	40.1 g	36.1 g	136 mg	365 kJ	87 Cal	2.6 g	1.1 g	0.7 g	16.0 g	14.5 g	54 mg
FRESH JUICE	Ginger Zing	298 kJ	71 Cal	1.7 g	0.3 g	LESS THAN 0.1 g	14.6 g	14.3 g	91 mg	119 kJ	28 Cal	0.7g	0.1 g	LESS THAN 0.1 g	5.9 g	5.7 g	37 mg
	Mint Condition	259 kJ	62 Cal	0.8 g	0.1 g	LESS THAN 0.1 g	13.9 g	13.9 g	71 mg	104 kJ	25 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.6 g	5.6 g	29 mg
	Melon Moment	333 kJ	80 Cal	0.8 g	0.3 g	LESS THAN 0.1 g	17.7 g	17.3 g	11 mg	133 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	6.9 g	4 mg

SNACKS NUTRITION GUIDE

HAZELNUT PROTEIN BALL

INGREDIENTS

Biscuit Crumbs (**WHEAT** flour, sugar, vegetable shortening (mass balance palm oil RSPO certified), Golden Syrup, Salt, vanilla flavour powder [caster sugar, natural flavour, anti-caking agent (E551)], bromelain (maltodextrin)), Butter Unsalted (**MILK** (Pasteurised cream)), **HAZELNUT** (10%), Condensed **MILK** (Cow's **MILK**, sugar), Hydrogenated Coconut Oil, Pea Protein Isolate, Protein Powder (**MILK**) (6%) (Whey protein concentrate, vanilla flavour, guar gum, stevia), **ALMONDS**, Cocoa Powder, Honey, Coconut (Coconut meat, Sodium Metabisulphite (**SULPHITES**)), **SESAME** Seed, Wholegrain Oats (**GLUTEN**), Sunflower Seeds, Hazelnut Flavour (Ethanol, water, propylene glycol (1520), glycerine, triacetin, preservative (202), antioxidant (307), Vanilla (Ethanol, natural flavouring substances).

ALLERGENS

CONTAINS ALMOND, HAZELNUT, SESAME, SULPHITES, WHEAT, GLUTEN & MILK.

MAY CONTAIN EGGS, LUPIN, PEANUT, PISTACHIO, SOY, WALNUT, BARLEY & RYE

Made in Australia. Whey protein is not suitable for children under 15 years of age or pregnant women.

- **SOURCE OF PROTEIN**

NUTRITION INFORMATION

Servings per package: 1

Serving size: 35 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	823 kJ (197 Cal)	2352 kJ (562 Cal)
Protein	**6.31 g**	**18.04 g**
Fat, total	14.46 g	41.32 g
- saturated	7.87 g	22.49 g
Carbohydrate	10.63 g	30.37 g
- sugars	5.36 g	15.32 g
Sodium	38.56 mg	110.1 mg

CHOCOLATE PROTEIN BALL

INGREDIENTS

Butter Unsalted (**MILK** (Pasteurised cream)), Biscuit Crumbs (**WHEAT** flour, sugar, vegetable shortening (mass balance palm oil RSPO certified), golden syrup, salt, vanilla flavour powder [caster sugar, natural flavour, anti-caking agent (E551)], bromelain (maltodextrin)), Coconut (Coconut meat, SODIUM METABISULPHITE) (**SULPHITES**), Condensed MILK (Cow's **MILK**, sugar), Hydrogenated Coconut Oil, Cocoa Powder (6%), **ALMONDS**, Pea Protein Isolate, Protein Powder (**MILK**) (6%) (Whey protein concentrate, vanilla flavour, guar gum, stevia), Honey, **SESAME** Seed, Wholegrain Oats (**GLUTEN**), Sunflower Seeds

ALLERGENS

CONTAINS ALMOND, SESAME, SULPHITES, WHEAT, GLUTEN & MILK.

MAY CONTAIN EGGS, HAZELNUT, LUPIN, PEANUT, PISTACHIO, SOY, WALNUT, BARLEY & RYE.

Made in Australia. Whey protein is not suitable for children under 15 years of age or pregnant women.

- **SOURCE OF PROTEIN**

NUTRITION INFORMATION

Servings per package: 1

Serving size: 35 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	850 kJ (203 Cal)	2429 kJ (581 Cal)
Protein	**5.90 g**	**16.85 g**
Fat, total	15.16 g	43.31 g
- saturated	10.19 g	29.12 g
Carbohydrate	10.76 g	30.73 g
- sugars	5.36 g	15.31 g
Sodium	38.48 mg	109.94 mg

BANANA BREAD

INGREDIENTS

Banana (25.7%), **WHEAT** Flour (**GLUTEN**), Sucrose, Canola Oil, **EGGS**, Yoghurt (**MILK**), **MILK** Solids, Culture), Sodium Bicarbonate (500), Vanilla, Salt, Cinnamon.

WHITE CHOCOLATE PROTEIN BALL

INGREDIENTS

Biscuit Crumbs (**WHEAT** flour, sugar, vegetable shortening (mass balance palm oil RSPO certified), Golden Syrup, Salt, vanilla flavour powder [caster sugar, natural flavour, anti-caking agent (E551)], bromelain (maltodextrin)), Butter Unsalted (**MILK** (Pasteurised cream)), **HAZELNUT** (10%), Condensed **MILK** (Cow's **MILK**, sugar), Hydrogenated Coconut Oil, Pea Protein Isolate, Protein Powder (MILK) (6%) (Whey protein concentrate, vanilla flavour, guar gum, stevia), **ALMONDS**, Cocoa Powder, Honey, Coconut (Coconut meat, SODIUM METABISULPHITE (**SULPHITES**)), **SESAME** Seed, Wholegrain Oats (**GLUTEN**), Sunflower Seeds, Hazelnut Flavour (Ethanol, water, propylene glycol (1520), glycerine, triacetin, preservative (202), antioxidant (307), Vanilla (Ethanol, natural flavouring substances).

ALLERGENS

CONTAINS ALMOND, SESAME, SOY, SULPHITES, WHEAT, GLUTEN & MILK.

MAY CONTAIN EGGS, HAZELNUT, LUPIN, PEANUT, PISTACHIO, WALNUT, BARLEY & RYE.

Made in Australia. Whey protein is not suitable for children under 15 years of age or pregnant women.

- **SOURCE OF PROTEIN**

NUTRITION INFORMATION

Servings per package: 1

Serving size: 35 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	851 kJ (203 Cal)	2432 kJ (581 Cal)
Protein	**6.36** g	**18.16 g**
Fat, total	14.37 g	41.04 g
- saturated	9.83 g	28.08 g
Carbohydrate	11.58 g	33.09 g
- sugars	7.21 g	20.61 g
Sodium	50.96 mg	145.61 mg

COOKIES & CREAM PROTEIN BALL

INGREDIENTS

Butter Unsalted (**MILK** (Pasteurised cream)), Biscuit Crumbs (**WHEAT** flour, sugar, vegetable shortening (mass balance palm oil RSPO certified), golden syrup, salt, vanilla flavour powder [caster sugar, natural flavour, anti-caking agent (E551)], bromelain (maltodextrin)), Condensed **MILK** (Cow's **MILK**, sugar), Hydrogenated Coconut Oil, Choc Biscuit Crumb (7%) (**WHEAT** flour, sugar, vegetable shortening (mass balance palm oil RSPO certified), vanilla, salt, golden syrup, cocoa)(**GLUTEN**), Pea Protein Isolate, Protein Powder (**MILK**) (7%) (Whey protein concentrate, vanilla flavour, guar gum, stevia), **ALMOND** Meal, Honey, White Compound Chip (Sugar, hydrogenated vegetable fat, total **MILK** solids, stabiliser(sorbitan tristearate), emulsifier(**SOYA** lecithin) (**SOY**)), Coconut (Coconut meat, SODIUM METABISULPHITE) (**SULPHITES**), Yoghurt Powder (Skim **MILK**, culture), Whole **MILK**, Vanilla.

ALLERGENS

CONTAINS ALMOND, SOY, SULPHITES, WHEAT, GLUTEN & MILK.

MAY CONTAIN EGGS, HAZELNUT, LUPIN, PEANUT, PISTACHIO, SESAME, WALNUT, BARLEY, OATS & RYE.

Made in Australia. Whey protein is not suitable for children under 15 years of age or pregnant women.

- **SOURCE OF PROTEIN**

NUTRITION INFORMATION

Servings per package: 1

Serving size: 35 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	792 kJ (189 Cal)	2263 kJ (541 Cal)
Protein	**5.84 g**	**16.67 g**
Fat, total	13.06 g	37.32 g
- saturated	9.12 g	26.05 g
Carbohydrate	11.78 g	33.65 g
- sugars	7.37 g	21.04 g
Sodium	61.46 mg	175.60 mg

COBS NATURAL POPCORN SEA SALT

INGREDIENTS

Popcorn, sunflower oil, sea salt.

ALLERGENS

MAY CONTAIN MILK

ALLERGENS

CONTAINS WHEAT, EGGS, GLUTEN & MILK.

MAY CONTAIN ALMOND, HAZELNUT, LUPIN, PEANUT, PISTACHIO, SESAME, SOY, SULPHITES, WALNUT, BARLEY, OATS & RYE.

NUTRITION INFORMATION
Servings per package: 1
Serving size: 120 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	1692 kJ (404 Cal)	1410 kJ (338 Cal)
Protein	5.9 g	4.9 g
Fat, total	16.6 g	13.8 g
- saturated	3.4 g	1.5 g
Carbohydrate	55.6 g	46.3 g
- sugars	35.8 g	29.8 g
Dietary fibre, total	4.9 g	4.1 g
Sodium	276 mg	230 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 25 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	496 kJ (119 Cal)	1987 kJ (475 Cal)
Protein	1.8 g	7.2 g
Fat, total	6.2 g	24.6 g
- saturated	0.6 g	2.3 g
Carbohydrate	12.4 g	49.9 g
- sugars	0.2 g	0.9 g
Sodium	90 mg	360 mg

COBS NATURAL POPCORN LIGHTLY SALTED, SLIGHTLY SWEET

Cobs
NATURAL
POPCORN

INGREDIENTS
Popcorn, sunflower oil, raw sugar, sea salt.

ALLERGENS
MAY CONTAIN MILK

NUTRITION INFORMATION
Servings per package: 1
Serving size: 25 g

	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	507 kJ (121 Cal)	2030 kJ (71 Cal)
Protein	1.3 g	5.2 g
Fat, total	5.6 g	24.6 g
- saturated	0.5 g	2.1 g
Carbohydrate	15.4 g	61.6 g
- sugars	4.1 g	16.2 g
Sodium	68 mg	272 mg

SECRET MENU

APPLE PASSION ⓥ

INGREDIENTS
Apple juice, banana, raspberries, strawberries, passionfruit, sorbet & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1280 kJ (306 Cal)	210 kJ (50 Cal)
Protein	2.6 g	0.4 g
Fat, total	0.6 g	0.1 g
- saturated	0.2 g	less than 0.1 g
Carbohydrate	67.5 g	11.1 g
- sugars	63.8 g	10.5 g
Dietary fibre, total	5.6 g	0.9 g
Sodium	29 mg	5 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1040 kJ (248 Cal)	230 kJ (55 Cal)
Protein	2.0 g	0.4 g
Fat, total	0.5 g	0.1 g
- saturated	0.2 g	less than 0.1 g
Carbohydrate	54.9 g	12.2 g
- sugars	51.7 g	11.5 g
Dietary fibre, total	4.2 g	0.9 g
Sodium	24 mg	5 mg

BANGIN' BLUEBERRY

INGREDIENTS
Blueberries, strawberries, freshly juiced apple, strawberry yoghurt, sorbet & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1430 kJ (342 Cal)	235 kJ (56 Cal)
Protein	5.4 g	0.9 g
Fat, total	3.4 g	0.6 g
- saturated	2.1 g	0.3 g
Carbohydrate	75.5 g	12.4 g
- sugars	68.8 g	11.3 g
Dietary fibre, total	1.8 g	0.3 g
Sodium	103 mg	17 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1160 kJ (276 Cal)	257 kJ (61 Cal)
Protein	4.7 g	1.0 g
Fat, total	2.9 g	0.7 g
- saturated	1.9 g	0.4 g
Carbohydrate	60.4 g	13.4 g
- sugars	54.8 g	12.2 g
Dietary fibre, total	1.5 g	0.3 g
Sodium	89 mg	20 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	831 kJ (199 Cal)	237 kJ (57 Cal)
Protein	3.4 g	1.0 g
Fat, total	2.1 g	0.6 g
- saturated	1.3 g	0.4 g
Carbohydrate	43.3 g	12.4 g
- sugars	39.4 g	11.3 g
Dietary fibre, total	1.3 g	0.4 g
Sodium	65 mg	19 mg

BANANA MANGO BLING

INGREDIENTS
Banana, mango, mango nectar, mango yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1770 kJ (424 Cal)	291 kJ (70 Cal)
Protein	8.2 g	1.3 g
Fat, total	4.9 g	0.8 g
- saturated	3.1 g	0.5 g
Carbohydrate	85.6 g	14.0 g
- sugars	72.9 g	11.9 g
Dietary fibre, total	3.1 g	0.5 g
Sodium	137 mg	22 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1380 kJ (329 Cal)	306 kJ (73 Cal)
Protein	6.3 g	1.4 g
Fat, total	3.8 g	0.8 g
- saturated	2.4 g	0.5 g
Carbohydrate	66.6 g	14.8 g
- sugars	56.6 g	12.6 g
Dietary fibre, total	2.4 g	0.5 g
Sodium	106 mg	24 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1020 kJ (243 Cal)	315 kJ (70 Cal)
Protein	4.7 g	1.4 g
Fat, total	2.9 g	0.8 g
- saturated	1.8 g	0.5 g
Carbohydrate	49.0 g	14.0 g
- sugars	42.0 g	12.0 g
Dietary fibre, total	1.6 g	0.5 g
Sodium	81 mg	23 mg

BERRY REMEDY JUICE† ⓥ

INGREDIENTS
Blueberries, raspberries, apple, pineapple, orange, energiser booster & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	Yes
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1030 kJ (246 Cal)	169 kJ (40 Cal)
Protein	2.4 g	0.4 g
Fat, total	0.6 g	less than 0.1 g
- saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	55.8 g	9.2 g
- sugars	54.0 g	8.9 g
Dietary fibre, total	2.6 g	0.4 g
Sodium	31 mg	5 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	717 kJ (171 Cal)	159 kJ (38 Cal)
Protein	1.7 g	0.4 g
Fat, total	0.5 g	0.1 g
- saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	38.9 g	8.6 g
- sugars	38.0 g	8.5 g
Dietary fibre, total	1.8 g	0.4 g
Sodium	22 mg	5 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	540 kJ (129 Cal)	154 kJ (37 Cal)
Protein	1.3 g	0.4 g
Fat, total	0.4 g	0.1 g
- saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	29.3 g	8.4 g
- sugars	28.8 g	8.2 g
Dietary fibre, total	1.3 g	0.4 g
Sodium	17 mg	5 mg

BLUEBERRY BLAST

INGREDIENTS
Blueberries, banana, apple juice, vanilla yoghurt, sorbet & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1750 kJ (418 Cal)	287 kJ (69 Cal)
Protein	5.2 g	0.9 g
Fat, total	3.1 g	0.5 g
- saturated	1.9 g	0.3 g
Carbohydrate	90.4 g	14.8 g
- sugars	82.8 g	13.6 g
Dietary fibre, total	1.1g	0.2 g
Sodium	95 mg	16 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1330 kJ (318 Cal)	295 kJ (71 Cal)
Protein	4.3 g	1.0 g
Fat, total	2.5 g	0.6 g
- saturated	1.6 g	0.4 g
Carbohydrate	68.0 g	15.1 g
- sugars	61.7 g	13.7g
Dietary fibre, total	1.0 g	0.2 g
Sodium	75 mg	17 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1040 kJ (249 Cal)	297 kJ (71 Cal)
Protein	3.4 g	1.0 g
Fat, total	2.0 g	0.6 g
- saturated	1.2 g	0.4 g
Carbohydrate	53.0 g	15.1 g
- sugars	48.0 g	13.7 g
Dietary fibre, total	0.8 g	0.2 g
Sodium	60 mg	17 mg

COOKIE DOUGH ⓥ

INGREDIENTS
Banana, chocolate biscuits, soy mylk, frozen coconut cream, sorbet & ice

ALLERGENS

Milk	No	Soy	Yes	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	Yes	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	2340 kJ (559 Cal)	383 kJ (92 Cal)
Protein	10.1 g	1.7 g
Fat, total	22.7 g	3.7 g
- saturated	14.5 g	2.4 g
Carbohydrate	77.2 g	12.7 g
- sugars	53.3 g	8.7 g
Dietary fibre, total	2.5 g	0.4 g
Sodium	382 mg	63 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1800 kJ (429 Cal)	399 kJ (95 Cal)
Protein	8.2 g	1.8 g
Fat, total	17.5 g	3.9 g
- saturated	11.2 g	2.5 g
Carbohydrate	58.6 g	13.0 g
- sugars	40.4 g	9.0 g
Dietary fibre, total	2.2 g	0.5 g
Sodium	292 mg	65 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1420 kJ (340 Cal)	406 kJ (97 Cal)
Protein	6.1g	1.7 g
Fat, total	14.0g	4.0 g
- saturated	8.9g	2.6 g
Carbohydrate	46.5g	13.3 g
- sugars	31.8g	9.1 g
Dietary fibre, total	1.4g	0.4 g
Sodium	240mg	69 mg

FINE PINE MANGO

INGREDIENTS
Pineapple, mango, mango nectar, vanilla yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1680 kJ (402 Cal)	276 kJ (66 Cal)
Protein	8.3 g	1.4 g
Fat, total	4.6 g	0.8 g
- saturated	3.0 g	0.5 g
Carbohydrate	79.9 g	13.1 g
- sugars	72.0 g	11.8 g
Dietary fibre, total	4.5 g	0.7 g
Sodium	133 mg	22 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1280 kJ (306 Cal)	285 kJ (68 Cal)
Protein	6.4 g	1.4 g
Fat, total	3.6 g	0.8 g
- saturated	2.4 g	0.5 g
Carbohydrate	60.5 g	13.5 g
- sugars	54.5 g	12.1 g
Dietary fibre, total	3.2 g	0.7 g
Sodium	104 mg	23 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	982 kJ (234 Cal)	280 kJ (67 Cal)
Protein	4.8 g	1.4 g
Fat, total	2.7 g	0.8 g
- saturated	1.7 g	0.5 g
Carbohydrate	46.8 g	13.3 g
- sugars	42.2 g	12.0 g
Dietary fibre, total	2.6 g	0.8 g
Sodium	76 mg	22 mg

GREEN MACHINE†

INGREDIENTS

Coconut water, mango, apple, spinach, whey protein, all greens booster & ice

ALLERGENS

Milk	Yes	Soy	Yes	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	644 kJ (154 Cal)	106 kJ (25 Cal)
Protein	9.0 g	1.5 g
Fat, total	0.8 g	0.1 g
- saturated	0.4 g	less than 0.1 g
Carbohydrate	26.4 g	4.3 g
- sugars	21.9 g	3.6 g
Dietary fibre, total	2.7 g	0.4 g
Sodium	111 mg	18 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	480 kJ (115 Cal)	107 kJ (26 Cal)
Protein	6.2 g	1.4 g
Fat, total	0.6 g	0.1 g
- saturated	0.3 g	less than 0.1 g
Carbohydrate	20.3 g	4.5 g
- sugars	16.7 g	3.7 g
Dietary fibre, total	2.1 g	0.5 g
Sodium	82 mg	18 mg

ISLAND BREEZE Ⓥ

INGREDIENTS

Pineapple, mango, tropical juice, frozen coconut cream & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	2170 kJ (518 Cal)	355 kJ (85 Cal)
Protein	4.1 g	0.7 g
Fat, total	18.0 g	2.9 g
- saturated	16.3 g	2.7 g
Carbohydrate	84.6 g	13.9 g
- sugars	68.3 g	11.2 g
Dietary fibre, total	4.5 g	0.7 g
Sodium	92 mg	15 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1650 kJ (394 Cal)	367 kJ (88 Cal)
Protein	3.1 g	0.7 g
Fat, total	13.2 g	2.9 g
- saturated	12.0 g	2.7 g
Carbohydrate	65.7 g	14.6 g
- sugars	53.1 g	11.8 g
Dietary fibre, total	3.5 g	0.8 g
Sodium	69 mg	15 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1320 kJ (315 Cal)	377 kJ (90 Cal)
Protein	2.5 g	0.7 g
Fat, total	10.8 g	3.1 g
- saturated	9.8 g	2.8 g
Carbohydrate	51.8 g	14.8 g
- sugars	41.8 g	11.9 g
Dietary fibre, total	2.8 g	0.8 g
Sodium	56 mg	16 mg

JANINE'S FAVE

INGREDIENTS

Raspberries, banana, mango nectar, mango yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1660 kJ (397 Cal)	272 kJ (65 Cal)
Protein	7.5 g	1.2 g
Fat, total	4.7 g	0.8 g
- saturated	3.1 g	0.5 g
Carbohydrate	80.4 g	13.2 g
- sugars	71.7 g	11.7 g
Dietary fibre, total	2.3 g	0.4 g
Sodium	139 mg	23 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1280 kJ (307 Cal)	285 kJ (68 Cal)
Protein	6.0 g	1.3 g
Fat, total	3.8 g	0.8 g
- saturated	2.5 g	0.6 g
Carbohydrate	61.7 g	13.7 g
- sugars	54.6 g	12.1 g
Dietary fibre, total	1.7 g	0.4 g
Sodium	110 mg	24 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1060 kJ (254 Cal)	304 kJ (73 Cal)
Protein	4.6 g	1.3 g
Fat, total	2.8 g	0.8 g
- saturated	1.8 g	0.5 g
Carbohydrate	52.1 g	14.9 g
- sugars	46.3 g	13.2 g
Dietary fibre, total	1.6 g	0.5 g
Sodium	83 mg	24 mg

JUSTICE CRUSH Ⓥ

INGREDIENTS

Coconut water, banana, mango, strawberries, passionfruit, sorbet & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1170 kJ (279 Cal)	191 kJ (46 Cal)
Protein	2.7 g	0.4 g
Fat, total	0.8 g	0.1 g
- saturated	0.3 g	less than 0.1 g
Carbohydrate	63.1 g	10.3 g
- sugars	52.3 g	8.6 g
Dietary fibre, total	5.6 g	0.9 g
Sodium	84 mg	14 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	947 kJ (226 Cal)	211 kJ (50 Cal)
Protein	2.2 g	0.5 g
Fat, total	0.6 g	0.1 g
- saturated	0.2 g	less than 0.1 g
Carbohydrate	51.3 g	11.4 g
- sugars	42.2 g	9.4 g
Dietary fibre, total	4.4 g	1.0 g
Sodium	71 mg	16 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	658 kJ (157 Cal)	188 kJ (45 Cal)
Protein	1.4 g	0.4 g
Fat, total	0.4 g	0.1 g
- saturated	0.1 g	less than 0.1 g
Carbohydrate	36.1 g	10.3 g
- sugars	29.9 g	8.6 g
Dietary fibre, total	2.7 g	0.8 g
Sodium	61 mg	17 mg

LEMON CRUSH Ⓥ

INGREDIENTS

Freshly juiced lemon, freshly juiced orange, sorbet & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	816 kJ (195 Cal)	134 kJ (32 Cal)
Protein	2.8 g	0.5 g
Fat, total	0.8 g	0.1 g
- saturated	0.2 g	less than 0.1 g
Carbohydrate	44.2 g	7.2 g
- sugars	41.9 g	6.9 g
Dietary fibre, total	0.5 g	less than 0.1 g
Sodium	17 mg	3 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	643 kJ (154 Cal)	143 kJ (34 Cal)
Protein	2.3 g	0.5 g
Fat, total	0.7 g	0.2 g
- saturated	0.1 g	less than 0.1 g
Carbohydrate	34.6 g	7.7 g
- sugars	32.8 g	7.3 g
Dietary fibre, total	0.4 g	less than 0.1 g
Sodium	14 mg	3 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	518 kJ (124 Cal)	148 kJ (35 Cal)
Protein	1.7 g	0.5 g
Fat, total	0.5 g	0.2 g
- saturated	0.1 g	less than 0.1 g
Carbohydrate	28.1 g	8.0 g
- sugars	26.6 g	7.6 g
Dietary fibre, total	0.3 g	less than 0.1 g
Sodium	10 mg	3 mg

LYCHEE CHARM

INGREDIENTS

Strawberries, lychees, tropical juice, strawberry yoghurt, sorbet & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1620 kJ (386 Cal)	265 kJ (63 Cal)
Protein	5.5 g	0.9 g
Fat, total	2.6 g	0.4 g
- saturated	1.6 g	0.3 g
Carbohydrate	88.8 g	14.6 g
- sugars	79.6g	13.0 g
Dietary fibre, total	1.7 g	0.3 g
Sodium	75 mg	12 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1300 kJ (311 Cal)	290 kJ (69 Cal)
Protein	4.4 g	1.0 g
Fat, total	2.1 g	0.5 g
- saturated	1.3 g	0.3 g
Carbohydrate	71.6 g	15.9 g
- sugars	64.1 g	14.2 g
Dietary fibre, total	1.5 g	0.3 g
Sodium	60 mg	13 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	986 kJ (235 Cal)	282 kJ (67 Cal)
Protein	3.3 g	0.9 g
Fat, total	1.5 g	0.4 g
- saturated	1.0 g	0.3 g
Carbohydrate	54.3 g	15.5 g
- sugars	48.6 g	13.9 g
Dietary fibre, total	1.0 g	0.3 g
Sodium	45 mg	13 mg

LYCHEE LOVIN' BERRY Ⓥ

INGREDIENTS

Lychees, raspberries, mango, mango nectar, frozen coconut cream & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1720 kJ (412 Cal)	283 kJ (68 Cal)
Protein	1.3 g	0.2 g
Fat, total	13.9 g	2.3 g
- saturated	12.6 g	2.1 g
Carbohydrate	68.2 g	11.2 g
- sugars	56.8 g	9.3 g
Dietary fibre, total	2.9 g	0.5 g
Sodium	73 mg	12 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1410 kJ (338 Cal)	314 kJ (75 Cal)
Protein	1.1 g	0.2 g
Fat, total	11.0 g	2.4 g
- saturated	10.0 g	2.2 g
Carbohydrate	56.9 g	12.6 g
- sugars	47.6 g	10.6 g
Dietary fibre, total	2.6 g	0.6 g
Sodium	59 mg	13 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1180 kJ (282 Cal)	338 kJ (81 Cal)
Protein	0.9g	0.3 g
Fat, total	8.7 g	2.5 g
- saturated	7.9 g	2.3 g
Carbohydrate	48.7 g	13.9 g
- sugars	41.2 g	11.8 g
Dietary fibre, total	2.1 g	0.6 g
Sodium	47 mg	14 mg

MANGO BERRY CRUSH Ⓥ

INGREDIENTS

Mango nectar, mango, raspberries, sorbet & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION
Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1360 kJ (324 Cal)	222 kJ (53 Cal)
Protein	2.2 g	0.4g
Fat, total	0.6 g	less than 0.1 g
- saturated	0.3 g	less than 0.1g
Carbohydrate	77.1 g	12.6 g
- sugars	70.8 g	11.6 g
Dietary fibre, total	4.0 g	0.7 g
Sodium	16 mg	3 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1070 kJ (256 Cal)	238 kJ (57 Cal)
Protein	1.7 g	0.4 g
Fat, total	0.5 g	0.1 g
- saturated	0.2 g	less than 0.1 g
Carbohydrate	60.9 g	13.5 g
- sugars	56.2 g	12.5 g
Dietary fibre, total	3.0 g	0.7 g
Sodium	13 mg	3 mg

NUTRITION INFORMATION
Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	811kJ (194Cal)	232 kJ (55 Cal)
Protein	1.3g	0.4 g
Fat, total	0.3g	less than 0.1 g
- saturated	0.2g	less than 0.1 g
Carbohydrate	46.3g	13.2 g
- sugars	42.8g	12.2 g
Dietary fibre, total	2.2g	0.6 g
Sodium	10 mg	3 mg

PINA COLADA

INGREDIENTS

Freshly juiced pineapple, banana, coconut mylk, tropical juice, vanilla yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1680 kJ (402 Cal)	276 kJ (66 Cal)
Protein	8.1 g	1.3 g
Fat, total	7.1 g	1.2 g
- saturated	4.7 g	0.8 g
Carbohydrate	76.0 g	12.5 g
- sugars	66.7 g	10.9 g
Dietary fibre, total	1.5 g	0.2 g
Sodium	143 mg	24 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1300 kJ (311 Cal)	289 kJ (69 Cal)
Protein	6.4 g	1.4 g
Fat, total	5.7 g	1.3 g
- saturated	3.8 g	0.8 g
Carbohydrate	57.9 g	12.9 g
- sugars	50.4 g	11.2 g
Dietary fibre, total	1.2 g	0.3 g
Sodium	114 mg	25 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	954 kJ (228 Cal)	273 kJ (65 Cal)
Protein	4.7 g	1.3 g
Fat, total	4.3 g	1.2 g
- saturated	2.8 g	0.8 g
Carbohydrate	42.3 g	12.1 g
- sugars	36.5 g	10.4 g
Dietary fibre, total	1.0 g	0.3 g
Sodium	82 mg	23 mg

PURE EDEN Ⓥ

INGREDIENTS

Pineapple, apple, banana, cucumber, spinach, lemon, mint, coconut water, all greens powder & ice

ALLERGENS

Milk	No	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	Yes

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	716kJ (171Cal)	117kJ (28Cal)
Protein	2.5g	0.4g
Fat, total	0.5g	less than 0.1g
- saturated	less than 0.1g	less than 0.1g
Carbohydrate	36.2g	5.9g
- sugars	31.4g	5.2g
Dietary fibre, total	5.4g	0.9g
Sodium	78mg	13mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	499kJ (119Cal)	111kJ (27Cal)
Protein	1.7g	0.4g
Fat, total	0.3g	less than 0.1g
- saturated	less than 0.1g	less than 0.1g
Carbohydrate	25.0g	5.6g
- sugars	22.2g	4.9g
Dietary fibre, total	4.7g	1.0g
Sodium	57mg	13mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	357kJ (85Cal)	102kJ (24Cal)
Protein	1.2g	0.3g
Fat, total	0.2g	less than 0.1g
- saturated	less than 0.1g	less than 0.1g
Carbohydrate	18.0g	5.1g
- sugars	15.5g	4.4g
Dietary fibre, total	3.1g	0.9g
Sodium	43mg	12mg

RAZZBERRY MANGO

INGREDIENTS

Mango, raspberries, mango nectar, vanilla yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1660 kJ (397 Cal)	273 kJ (65 Cal)
Protein	7.5 g	1.2 g
Fat, total	4.7 g	0.8 g
- saturated	3.1 g	0.5 g
Carbohydrate	79.9 g	13.1 g
- sugars	71.4 g	11.7 g
Dietary fibre, total	3.6 g	0.6 g
Sodium	136 mg	22 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1280 kJ (306 Cal)	284 kJ (68 Cal)
Protein	5.6 g	1.2 g
Fat, total	3.4 g	0.8 g
- saturated	2.3 g	0.5 g
Carbohydrate	62.2 g	13.8 g
- sugars	55.6 g	12.4 g
Dietary fibre, total	2.8 g	0.6 g
Sodium	100 mg	22 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1020 kJ (244 Cal)	292 kJ (70 Cal)
Protein	4.5 g	1.3 g
Fat, total	2.8 g	0.8 g
- saturated	1.8 g	0.5 g
Carbohydrate	49.7 g	14.2 g
- sugars	44.6 g	12.7 g
Dietary fibre, total	2.1 g	0.6 g
Sodium	81 mg	23 mg

STRAWBS MANGO

INGREDIENTS

Strawberries, mango, mango nectar, strawberry yoghurt, mango yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1630 kJ (389 Cal)	267 kJ (64 Cal)
Protein	7.6 g	1.2 g
Fat, total	4.8 g	0.8 g
- saturated	3.1 g	0.5 g
Carbohydrate	82.3 g	13.5 g
- sugars	74.2 g	12.2 g
Dietary fibre, total	2.6 g	0.4 g
Sodium	141 mg	23 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1320 kJ (314 Cal)	292 kJ (70 Cal)
Protein	6.0 g	1.3 g
Fat, total	3.7 g	0.8 g
- saturated	2.4 g	0.5 g
Carbohydrate	66.8 g	14.8 g
- sugars	60.2 g	13.4 g
Dietary fibre, total	2.4 g	0.5 g
Sodium	110 mg	24 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1050 kJ (251 Cal)	300 kJ (72 Cal)
Protein	4.6 g	1.3 g
Fat, total	2.8 g	0.8 g
- saturated	1.8 g	0.5 g
Carbohydrate	53.6 g	15.3 g
- sugars	48.7 g	13.9 g
Dietary fibre, total	1.8 g	0.5 g
Sodium	85 mg	24 mg

TROPICAL STORM

INGREDIENTS

Mango, banana, coconut mylk, tropical juice, mango yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1710 kJ (409 Cal)	281 kJ (67 Cal)
Protein	8.3 g	1.4 g
Fat, total	5.5 g	0.9 g
- saturated	3.7 g	0.6 g
Carbohydrate	82.0 g	13.4 g
- sugars	69.5 g	11.4 g
Dietary fibre, total	2.4 g	0.4 g
Sodium	142 mg	23 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1320 kJ (316 Cal)	294 kJ (70 Cal)
Protein	6.5 g	1.5 g
Fat, total	4.6 g	1.0 g
- saturated	3.0 g	0.7 g
Carbohydrate	62.5 g	13.9 g
- sugars	52.8 g	11.7 g
Dietary fibre, total	1.9 g	0.4 g
Sodium	113 mg	25 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1050 kJ (250 Cal)	300 kJ (72 Cal)
Protein	5.0 g	1.4 g
Fat, total	3.2 g	0.9 g
- saturated	2.1 g	0.6 g
Carbohydrate	50.5 g	14.4 g
- sugars	42.4 g	12.1 g
Dietary fibre, total	1.7 g	0.5 g
Sodium	84 mg	24 mg

WATER-MELLOW MANGO

INGREDIENTS

Freshly juiced watermelon,mango, frozen coconut cream, mango yoghurt & ice

ALLERGENS

Milk	Yes	Soy	No	Pecan	No
Egg	No	Fish	No	Pistachio	No
Wheat - Gluten	No	Mollusc	No	Walnut	No
Oats - Gluten	No	Crustacean	No	Macadamia	No
Barley - Gluten	No	Almond	No	Pine Nut	No
Rye - Gluten	No	Brazil Nut	No	Sulphites	No
Lupin	No	Cashew	No	Caffeine	No
Sesame	No	Hazelnut	No	Vegetarian	Yes
Peanut	No	Macadamia	No	Vegan	No

NUTRITION INFORMATION

Servings per package: 1
Serving size: 610 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1620 kJ (386 Cal)	265 kJ (63 Cal)
Protein	6.1 g	1.0 g
Fat, total	12.0 g	2.0 g
- saturated	9.6 g	1.6 g
Carbohydrate	62.6 g	10.3 g
- sugars	54.0 g	8.9 g
Dietary fibre, total	0.8 g	0.1 g
Sodium	128 mg	21 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 450 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	1260 kJ (302 Cal)	281 kJ (67 Cal)
Protein	4.9 g	1.1 g
Fat, total	8.9 g	2.0 g
- saturated	7.1 g	1.6 g
Carbohydrate	49.9 g	11.1 g
- sugars	43.1 g	9.6 g
Dietary fibre, total	0.7 g	0.1 g
Sodium	99 mg	22 mg

NUTRITION INFORMATION

Servings per package: 1
Serving size: 350 mL

	Avg Quantity per Serving	Avg Quantity per 100 mL
Energy	979 kJ (234 Cal)	280 kJ (67 Cal)
Protein	3.7 g	1.1 g
Fat, total	7.0 g	2.0 g
- saturated	5.6 g	1.6 g
Carbohydrate	38.5 g	11.0 g
- sugars	33.3 g	9.5 g
Dietary fibre, total	0.5 g	0.1 g
Sodium	76 mg	22 mg